

 normal: systolic BP is < 120 and diastolic BP is < 80,
elevated: systolic BP is 120-129 and diastolic BP is < 80,
hypertension stage 1: systolic BP is 130-139 or diastolic
BP is 80-89

1	normal: systolic BP is < 120 and diastolic BP is < 80
2	elevated: systolic BP is 120-129 and diastolic BP is < 80
3	hypertension stage 1: systolic BP is 130-139 or diastolic BP is 80-89
4	hypertension stage 2: systolic BP is 140-180 or diastolic BP is 90-120
5	hypertension crisis: systolic BP is > 180 or diastolic BP is > 120