P2HE94 - S8Q94 FREQ. VIGOROUS PHYSICAL-P2

Type	Code
Measurement Unit	numeric
P2HE94	We would like to know the type and amount of physical activity involved in your daily life. How often do you take part in sports or activities that are vigorous, such as running or jogging, swimming, cycling, aerobics or gym workout, tennis, or digging with a spade or shovel?

1	more than once a week
2	once a week
3	one to three times a month
4	hardly ever or never