Number of observations: 5,381

| Q015. Do you smoke any tobacco products, like cigarettes? |  | H5Q015 | char 8 |
| ---: | ---: | :--- | :--- | :--- |
| 4,168 | 0 | no |  |
| 1,213 | 1 | yes |  |


| Use right arm unless instructed otherwise <br> Q023. EXAMINER: Which arm is measured? |  |  |  |  |  |  |  | H5ARM | char 8 |
| ---: | ---: | :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| 4,876 | 1 | right |  |  |  |  |  |  |  |
| 499 | 2 | left |  |  |  |  |  |  |  |
| 6 | 96 | refused |  |  |  |  |  |  |  |


| Q025a. EXAMINER: Enter arm circumference to nearest 0.5 cm or inch. <br> [Note: All measurements in inches were converted to centimeters.] | H5ARMCIR | num 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 5,370 |  | range 9.5000 to 66.0000 |  |
| 6 | 9996 | refused |  |
| 5 | 9999 | invalid data |  |

FLAG indicating arm was measured in inches and was converted to
H5ARMINS char 8 centimeters.

| 5,299 | 0 | no |
| ---: | ---: | :--- |
| 71 | 1 | yes |
| 11 | . | not applicable (no arm measurement) |


| FLAG indicating arm fit the AH BP unit cuff |  | H5CUFFIT | char 8 |
| ---: | ---: | :--- | :--- | :--- |
| 358 | 0 | no |  |
| 5,017 | 1 | yes |  |
| 6 | . | not applicable (no arm measurement) |  |


| Q031 Systolic blood pressure measure \#1 $(\mathrm{MMHg})$ |  | H5Q031 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,160 | range 73 to 229 |  |  |
| 221 | . | no measure |  |


| Q032 Diastolic blood pressure measure \#1 (MMHg) |  | H5Q032 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,160 | range 31 to 161 |  |  |
| 221 | . | no measure |  |


| Q033 Pulse rate measure \#1 (/MIN) |  | H5Q033 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,160 | range 40 to 135 |  |  |
| 221 | $\cdot$ | no measure |  |


| Q036 Systolic blood pressure measure \#2 (MMHg) |  | H5Q036 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,158 |  | range 79 to 217 |  |
| 223 | . | no measure |  |


| Q037 Diastolic blood pressure measure \#2 $(\mathrm{MMHg})$ |  | H5Q037 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,158 | range 45 to 134 |  |  |
| 223 | . | no measure |  |


| Q038 Pulse rate measure \#2 (/MIN) |  | H5Q038 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,158 | range 40 to 164 |  |  |
| 223 | . | no measure |  |


| Q041 Systolic blood pressure measure \#3 (MMHg) |  | H5Q041 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,151 | range 78 to 213 |  |  |
| 230 | . | no measure |  |


| Q042 Diastolic blood pressure measure \#3 $(\mathrm{MMHg})$ |  | H5Q042 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,151 |  | range 44 to 132 |  |
| 230 | . | no measure |  |
|  |  |  |  |


| Q043 Pulse rate measure \#3 (/MIN) |  | H5Q043 | num 8 |
| ---: | :--- | :--- | :--- |
| 5,151 |  | range 40 to 139 |  |
| 230 | . | no measure |  |


| Number of measures used to generate the final blood pressure and pulse <br> variables | H5BPFLG | char 8 |  |  |
| ---: | :--- | :--- | :--- | :--- |
| 5,149 | 1 | measures 2 \& 3 |  |  |
| 2 | 2 | measure 3 only |  |  |
| 9 | 3 | measure 2 only |  |  |
| 4 | 4 | measure 1 only |  |  |
| 217 | 5 | no measures |  |  |


| Systolic blood pressure (MMHg) based on Q031, Q036, Q041 |  |  |  | H5SBP |
| ---: | ---: | :--- | :--- | :--- |
| num 8 |  |  |  |  |
| 5,164 |  | range 80.5000 to 215.0000 |  |  |
| 8 | 9996 | refused |  |  |
| 194 | 9997 | legitimate skip |  |  |
| 15 | 9999 | invalid measurements |  |  |


| 5,164 |  | range 45 to 133 |
| ---: | ---: | :--- |
| 8 | 9996 | refused |
| 194 | 9997 | legitimate skip |
| 15 | 9999 | invalid measurements |


| Blood pressure classification according to the Guideline for the Prevention, <br> Detection, Evaluation, and Management of High Blood Pressure in Adults from <br> the American Heart Association/American College of Cardiology Task Force <br> (AHA/ACC) | H5BPCLS5 | char 8 |
| :--- | :--- | :--- | :--- |
| 2,036 | 1 | normal: systolic BP is < 120 and diastolic BP is $<80$ |
| 614 | 2 | elevated: systolic BP is $120-129$ and diastolic BP is < 80 |
| 1,521 | 3 | hypertension stage 1: systolic BP is $130-139$ or diastolic BP is $80-89$ |
| 978 | 4 | hypertension stage 2: systolic BP is $140-180$ or diastolic BP is $90-120$ |
| 15 | 5 | hypertension crisis: systolic BP is > 180 or diastolic BP is $>120$ |
| 217 | . | not applicable (no BP measure) |


| Blood pressure classification according to guidelines from the Seventh Report <br> of the Joint National Committee on Prevention Detection, Evaluation, and <br> Treatment of High Blood Pressure (JNC7) | H5BPCLS4 | char 8 |
| ---: | ---: | :--- | :--- | :--- |
| 2,036 | 1 | normal: systolic BP is $<120$ and diastolic BP is $<80$ |
| 2,135 | 2 | pre-hypertension: systolic BP is $120-139$ or diastolic BP is $80-89$ |
| 770 | 3 | hypertension stage 1: systolic BP is $140-159$ or diastolic BP is $90-99$ |
| 223 | 4 | hypertension stage 2: systolic BP is >=160 or diastolic BP is >=100 |
| 217 |  | not applicable (no BP measure) |


| Pulse rate (/MIN) based on Q033, Q038, Q043 |  |  | H5PR | num 8 |
| ---: | ---: | :--- | :--- | :--- |
| 5,164 |  | range 40 to 139 |  |  |
| 8 | 9996 | refused |  |  |
| 194 | 9997 | legitimate skip |  |  |
| 15 | 9999 | invalid measurements |  |  |


| Pulse pressure (MMHg) - the difference between systolic and diastolic blood <br> pressures | H5PP | num 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 5,164 |  | range 16.0000 to 95.5000 |  |
| 8 | 9996 | refused |  |
| 194 | 9997 | legitimate skip |  |
| 15 | 9999 | invalid measurements |  |


| Mean arterial pressure $(\mathrm{MMHg})$ - which is conventionally approximated as the <br> weighted sum of systolic and diastolic blood pressure measures | H5MAP | num 8 |
| :---: | :--- | :--- | :--- |
| 5,164 | range 61.2000 to 157.7000 |  |


| 8 | 9996 | refused |
| ---: | :--- | :--- |
| 194 | 9997 | legitimate skip |
| 15 | 9999 | invalid measurements |

Q045. Has a doctor, nurse or health care provider ever told you that you have ANY of the following?
a. High blood pressure or hypertension (if female, when you were NOT pregnant)

| 4,390 | 0 | no |
| ---: | ---: | :--- |
| 987 | 1 | yes |
| 1 | 94 | exam stopped prior to question Q045 |
| 1 | 95 | not asked of everyone |
| 2 | 96 | refused |


| Q045. Has a doctor, nurse or health care provider ever told you that you have <br> ANY of the following? <br> b. High blood sugar or diabetes (if female, when you were NOT pregnant) | H5Q045B | char 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 5,015 | 0 | no |  |
| 362 | 1 | yes |  |
| 1 | 94 | exam stopped prior to question Q045 |  |
| 1 | 95 | not asked of everyone |  |
| 2 | 96 | refused |  |


| Q045. Has a doctor, nurse or health care provider ever told you that you have <br> ANY of the following? <br> c. Heart attack or heart surgery for clogged coronary arteries (including <br> bypass, angioplasty or stent) | H5Q045C | char 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 5,330 | 0 | no |  |
| 47 | 1 | yes |  |
| 1 | 94 | exam stopped prior to question Q045 |  |
| 1 | 95 | not asked of everyone |  |
| 2 | 96 | refused |  |


| Q045. Has a doctor, nurse or health care provider ever told you that you have <br> ANY of the following? <br> d. Chronic kidney disease or failure | H5Q045D | char 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 5,309 | 0 | no |  |
| 68 | 1 | yes |  |
| 1 | 94 | exam stopped prior to question Q045 |  |
| 1 | 95 | not asked of everyone |  |
| 2 | 96 | refused |  |


| Q045. Has a doctor, nurse or health care provider ever told you that you have <br> ANY of the following? <br> e. Stroke, mini-stroke, or surgery for clogged neck arteries (including <br> endarterectomy, bypass, angioplasty or stent) | H5Q045E | char 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 5,328 | 0 | no |  |
| 49 | 1 | yes |  |
| 1 | 94 | exam stopped prior to question Q045 |  |
| 1 | 95 | not asked of everyone |  |
| 2 | 96 | refused |  |


| Q045. Has a doctor, nurse or health care provider ever told you that you have <br> ANY of the following? <br> f. High cholesterol or triglycerides | H5Q045F | char 8 |  |
| ---: | ---: | :--- | :--- | :--- |
| 4,626 | 0 | no |  |
| 751 | 1 | yes |  |
| 1 | 94 | exam stopped prior to question Q045 |  |
| 1 | 95 | not asked of everyone |  |
| 2 | 96 | refused |  |

FLAG indicating respondent took an antihypertensive medication in the past 4
H5AHT $\quad$ char 8 weeks

| 4,630 | 0 | no |
| ---: | ---: | :--- |
| 637 | 1 | yes |
| 23 | 94 | exam stopped prior to medication questions |
| 2 | 96 | refused |
| 1 | 98 | medication could not be classified |
| 88 | 99 | respondent reported taking prescription medication(s), but specific medication(s) not <br> reported |

FLAG indicating respondent has EITHER a blood pressure measure classified as hypertension stage 1 or 2 based on JNC7 (H5BPCLS4=3 or 4) OR took an antihypertensive medication in the past 4 weeks ( $\mathrm{H} 5 \mathrm{AHT}=1$ ) OR has ever been diagnosed with high blood pressure or hypertension (H5Q045A=1)

| H5HTENJC | char 8 |
| :--- | :--- |

