

The header area features a dark grey background with the text 'H3GH19 - S9Q19 DAYS ATE BREAKFAST LAST 7 DAYS-W3' in white. A small icon of four colored squares (yellow, blue, red, green) is positioned to the left of the text.

Type	Code
Measurement Unit	numeric
H3GH19	19. On how many of the past seven days did you eat breakfast--that is, a meal within an hour of getting up?
0	no days
1	one day
2	two days
3	three days
4	four days
5	five days
6	six days
7	seven days