Weight

Concept

Weight

🞯 Gain Weight

Concept

Gain Weight

Items

• 721 - During the past seven days, which of the following things did you do in order to gain weight or to build muscle? dieted

• 722 - During the past seven days, which of the following things did you do in order to gain weight or to build muscle? Exercised

• 723 - During the past seven days, which of the following things did you do in order to gain weight or to build muscle? lifted weights

• 724 - During the past seven days, which of the following things did you do in order to gain weight or to build muscle? took food supplements

- 725 During the past seven days, which of the following things did you do in order to gain weight or to build muscle? Other
- 726 During the past seven days, which of the following things did you do in order to gain weight or to build muscle? None

• 727 - In the past seven days, which of the following things did you do in order to gain weight or bulk up? Ate different foods than usual

• 728 - In the past seven days, which of the following things did you do in order to gain weight or bulk up? Ate more

 $^{igodol 2}$ 721 - During the past seven days, which of the following things did you do in order to gain

weight or to build muscle? dieted

During the past seven days, which of the following things did you do in order to gain weight or to build muscle? dieted

 $^{\odot}$ 722 - During the past seven days, which of the following things did you do in order to gain

weight or to build muscle? Exercised

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723 - During the past seven days, which of the following things did you do in order to gain weight or to build muscle? lifted weights

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 igodol 726 - During the past seven days, which of the following things did you do in order to gain

weight or to build muscle? None

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9 727 - In the past seven days, which of the following things did you do in order to gain weight

or bulk up? Ate different foods than usual

In the past seven days, which of the following things did you do in order to gain weight or bulk up? Ate different foods than usual

9728 - In the past seven days, which of the following things did you do in order to gain weight or bulk up? Ate more

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© Lose or Maintain Weight

Concept

Lose or Maintain Weight

Items

• 710 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Dieted

• 711 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? exercised

• 712 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? made yourself vomit

• 713 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took diet pills

• 714 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took laxatives

• 715 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Other

• 716 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? None

• 717 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? fasted or skipped meals

• 718 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? used diuretics-that is, water pills

• 719 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took food supplements (powders, herbal supplements, mineral pills, or vitamins that are supposed to take the place of meals or to reduce appetite)

• 720 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took part in an organized weight-loss or weight-control program

 $^{igodold p}$ 710 - During the past seven days, which of the following things did you do in order to lose

weight or to keep from gaining weight? Dieted

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 igodol 715 - During the past seven days, which of the following things did you do in order to lose

weight or to keep from gaining weight? Other

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 $^{\odot}$ 716 - During the past seven days, which of the following things did you do in order to lose

weight or to keep from gaining weight? None

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Items

- 459 What is your weight?
- 708 How do you think of yourself in terms of weight?
- 709 Are you trying to lose weight, gain weight, or stay the same weight?

🕸 459 - What is your weight?

What is your weight?

🕸 708 - How do you think of yourself in terms of weight?

How do you think of yourself in terms of weight?

🕸 709 - Are you trying to lose weight, gain weight, or stay the same weight?

Are you trying to lose weight, gain weight, or stay the same weight?