

 H4SP4H - S7Q4H HR USUAL BEDTIME DAYS OFF-W4

Type	Code
Measurement Unit	numeric
H4SP4H	4H. On days that you don't have to get up at a certain time, what time do you usually go to sleep the night or day before? [Hour]
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12