

 H4SP2H - S7Q2H HR USUAL BEDTIME WORKDAYS-W4

Type	Code
Measurement Unit	numeric
H4SP2H	2H. On days when you go to work, school, or similar activities, what time do you usually go to sleep the night or day before? [Hour]
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12