

🔍 H3GH3 - Are you trying to lose weight, gain weight, or stay the same weight?

Are you trying to lose weight, gain weight, or stay the same weight?

1	trying to lose weight
2	trying to gain weight or bulk up
3	trying to stay the same weight
4	not trying to do anything about weight

Conceptual Variable

709 - Are you trying to lose weight, gain weight, or stay the same weight?