## H4RE11 - How often do you turn to your religious or spiritual beliefs for help when you have personal problems, or problems at school or work?

How often do you turn to your religious or spiritual beliefs for help when you have personal problems, or problems at school or work?

0	never
1	seldom
2	sometimes
3	often
4	very often

## **Conceptual Variable**

326 - How often do you turn to your religious or spiritual beliefs for help when you have personal problems, or problems at school or work?