

 you used more than one method at the same time, you used only one method at a time, but the method you chose was different from time to time, sometimes you used only one method, and sometimes you used more than one

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|---|--|
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| 2 | you used only one method at a time, but the method you chose was different from time to time |
| 3 | sometimes you used only one method, and sometimes you used more than one |