


Lose or Maintain Weight

Concept

Lose or Maintain Weight

Items

- 710 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Dieted
- 711 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? exercised
- 712 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? made yourself vomit
- 713 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took diet pills
- 714 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took laxatives
- 715 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Other
- 716 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? None
- 717 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? fasted or skipped meals
- 718 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? used diuretics-that is, water pills
- 719 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took food supplements (powders, herbal supplements, mineral pills, or vitamins that are supposed to take the place of meals or to reduce appetite)
- 720 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took part in an organized weight-loss or weight-control program

 710 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Dieted

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Dieted

711 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? exercised

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? exercised

712 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? made yourself vomit

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? made yourself vomit

713 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took diet pills

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took diet pills

714 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took laxatives

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? took laxatives

715 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Other

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? Other

716 - During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? None

During the past seven days, which of the following things did you do in order to lose weight or to keep from gaining weight? None

717 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? fasted or skipped meals

Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? fasted or skipped meals

718 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? used diuretics-that is, water pills

Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? used diuretics-that is, water pills

719 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took food supplements (powders, herbal supplements, mineral pills, or vitamins that are supposed to take the place of meals or to reduce appetite)

Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took food supplements (powders, herbal supplements, mineral pills, or vitamins that are supposed to take the place of meals or to reduce appetite)

720 - Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took part in an organized weight-loss or weight-control program

Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? took part in an organized weight-loss or weight-control program