

2H - On days when you go to work, school, or similar activities, what time do you usually go to sleep the night (or day) before? (hour)

H4SP2H - On days when you go to work, school, or similar activities, what time do you usually go to sleep the night (or day) before? (hour)

On days when you go to work, school, or similar activities, what time do you usually go to sleep the night (or day) before? (hour)

1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12

**Conceptual Variable**

938 - On days when you go to work, school, or similar activities, what time do you usually go to sleep the night (or day) before? (hour)