

 H5BPCLS4**Question**

Blood pressure classification according to guidelines from the Seventh Report of the Joint National Committee on Prevention Detection, Evaluation, and Treatment of High Blood Pressure (JNC7)

1	normal: systolic BP is < 120 and diastolic BP is < 80
2	pre-hypertension: systolic BP is 120-139 or diastolic BP is 80-89
3	hypertension stage 1: systolic BP is 140-159 or diastolic BP is 90-99
4	hypertension stage 2: systolic BP is $\geq$ 160 or diastolic BP is $\geq$ 100