

 Daily Activities

Concept

Daily Activities

 Activity Level

Concept

Activity Level

Items

- 737 - Are you generally more active or less active than you were in the past seven days?

 737 - Are you generally more active or less active than you were in the past seven days?

Are you generally more active or less active than you were in the past seven days?


 Child Care

Concept

Child Care

Items


- 63 - How many children less than six years old live in your household?
- 64 - How many children between the ages of six and twelve live in your household?
- 759 - On the average, how many hours per week do you spend taking care of the children in your household who are less than six years old by feeding, bathing, or dressing them?
- 760 - On the average, how many hours per week do you spend taking care of these children by carrying them, walking with them, or playing with them?

 63 - How many children less than six years old live in your household?


How many children less than six years old live in your household?

 64 - How many children between the ages of six and twelve live in your household?

How many children between the ages of six and twelve live in your household?

 759 - On the average, how many hours per week do you spend taking care of the children in your household who are less than six years old by feeding, bathing, or dressing them?

On the average, how many hours per week do you spend taking care of the children in your household who are less than six years old by feeding, bathing, or dressing them?

 760 - On the average, how many hours per week do you spend taking care of these children by carrying them, walking with them, or playing with them?

On the average, how many hours per week do you spend taking care of these children by carrying them, walking with them, or playing with them?


Classroom Physical Activity

Concept

Classroom Physical Activity

Items

- [5451 - On the average, how many hours a week at school do you spend standing \(for example, doing lab work or library research\)?](#)

 5451 - On the average, how many hours a week at school do you spend standing (for example, doing lab work or library research)?

On the average, how many hours a week at school do you spend standing (for example, doing lab work or library research)?


Community Service

Concept

Community Service

Items

- 371 - In the past 12 months, how many hours did you spend on volunteer or community service work?

 371 - In the past 12 months, how many hours did you spend on volunteer or community service work?

In the past 12 months, how many hours did you spend on volunteer or community service work?


 Education Program

Concept


Education Program

Items

- 4281 - Are you currently enrolled in school or in a job training or vocational education program?
- 4291 - How many hours a week do you spend in school or at this program?

 4281 - Are you currently enrolled in school or in a job training or vocational education program?

Are you currently enrolled in school or in a job training or vocational education program?

 4291 - How many hours a week do you spend in school or at this program?

How many hours a week do you spend in school or at this program?


 Facilities

Concept

Facilities

Items

- 753 - On the average, how many times per week do you use a physical fitness or recreation center in your neighborhood?

 753 - On the average, how many times per week do you use a physical fitness or recreation center in your neighborhood?

On the average, how many times per week do you use a physical fitness or recreation center in your neighborhood?


Gambling

Concept

Gambling

Items

- [5035 - Have you ever bought lottery tickets, played video games or slot machines for money, bet on horses or sporting events, or taken part in any other kinds of gambling for money?](#)

 5035 - Have you ever bought lottery tickets, played video games or slot machines for money, bet on horses or sporting events, or taken part in any other kinds of gambling for money?

Have you ever bought lottery tickets, played video games or slot machines for money, bet on horses or sporting events, or taken part in any other kinds of gambling for money?

Hobbies

Concept

Hobbies

Items

- [730 - During the past week, how many times did you do hobbies?](#)

 730 - During the past week, how many times did you do hobbies?

During the past week, how many times did you do hobbies?


 Housework

Concept

Housework

Items

- 729 - During the past week, how many times did you do work around the house?

 729 - During the past week, how many times did you do work around the house?

During the past week, how many times did you do work around the house?

 Mode of Transportation

Concept

Mode of Transportation

Items


- 4197 - How do you get to and from work? Car
- 4198 - How do you get to and from work? Bus
- 4199 - How do you get to and from work? Subway
- 4200 - How do you get to and from work? Walking
- 4201 - How do you get to and from work? Bicycle
- 4202 - How do you get to and from work? Other
- 4203 - How do you get to and from your school or program? Car
- 4204 - How do you get to and from your school or program? Bus
- 4205 - How do you get to and from your school or program? Subway
- 4206 - How do you get to and from your school or program? Walking
- 4207 - How do you get to and from your school or program? Bicycle
- 4208 - How do you get to and from your school or program? other
- 4209 - How do you get to and from your (primary place of work/school)? public transportation (bus, train, subway)
- 4210 - How do you get to and from your (primary place of work/school)? None of the above
- 6610 - How do you get to and from your (primary place of work/school)? car
- 6611 - How do you get to and from your (primary place of work/school)? Walking
- 6612 - How do you get to and from your (primary place of work/school)?

 4197 - How do you get to and from work? Car

How do you get to and from work? Car

 4198 - How do you get to and from work? Bus

How do you get to and from work? Bus

 4199 - How do you get to and from work? Subway

How do you get to and from work? Subway

 4200 - How do you get to and from work? Walking

How do you get to and from work? Walking

 4201 - How do you get to and from work? Bicycle

How do you get to and from work? Bicycle

 4202 - How do you get to and from work? Other

How do you get to and from work? Other

 4203 - How do you get to and from your school or program? Car

How do you get to and from your school or program? Car

 4204 - How do you get to and from your school or program? Bus

How do you get to and from your school or program? Bus

 4205 - How do you get to and from your school or program? Subway

How do you get to and from your school or program? Subway

 4206 - How do you get to and from your school or program? Walking


How do you get to and from your school or program? Walking

 4207 - How do you get to and from your school or program? Bicycle

How do you get to and from your school or program? Bicycle

 4208 - How do you get to and from your school or program? other


How do you get to and from your school or program? other

 4209 - How do you get to and from your (primary place of work/school)? public transportation (bus, train, subway)

How do you get to and from your (primary place of work/school)? public transportation (bus, train, subway)

 4210 - How do you get to and from your (primary place of work/school)? None of the above


How do you get to and from your (primary place of work/school)? None of the above

 6610 - How do you get to and from your (primary place of work/school)? car

How do you get to and from your (primary place of work/school)? car

 6611 - How do you get to and from your (primary place of work/school)? Walking

How do you get to and from your (primary place of work/school)? Walking

 6612 - How do you get to and from your (primary place of work/school)?

How do you get to and from your (primary place of work/school)?


 Physical Activity

Concept


Physical Activity

Items


- 732 - During the past week, how many times did you go roller-blading, roller-skating, skate-boarding, or bicycling?
- 733 - In the past seven days, how many times did you bicycle, skateboard, dance, hike, hunt, or do yard work?
- 735 - During the past week, how many times did you exercise, such as jogging, walking, karate, jumping rope, gymnastics or dancing?
- 736 - In the past seven days, how many times did you walk for exercise?
- 738 - In the past 24 hours, have you participated in vigorous physical activity long enough to work up a sweat, get your heart thumping, or get out of breath?
- 739 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? hour
- 740 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? Minute
- 741 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? am/pm
- 745 - In the past seven days, how many times did you roller blade, roller skate, downhill ski, snow board, play racquet sports, or do aerobics?
- 747 - In the past seven days, how many times did you play golf, go fishing or bowling, or play softball or baseball?
- 752 - In the past seven days, how many times did you go to an exercise or fitness center to exercise or work out?
- 756 - In the past seven days, how many times did you participate in gymnastics, weight lifting, or strength training?
- 757 - Were the past seven days typical in terms of your physical activity?
- 766 - On the average, how many hours did you spend each time you participated in such a sports activity in the last seven days?
- 6205 - How many times in a normal week do you work, play, or exercise hard enough to make you sweat and breathe heavily?

 732 - During the past week, how many times did you go roller-blading, roller-skating, skate-boarding, or bicycling?


During the past week, how many times did you go roller-blading, roller-skating, skate-boarding, or bicycling?

 733 - In the past seven days, how many times did you bicycle, skateboard, dance, hike, hunt, or do yard work?


In the past seven days, how many times did you bicycle, skateboard, dance, hike, hunt, or do yard work?

 735 - During the past week, how many times did you exercise, such as jogging, walking, karate, jumping rope, gymnastics or dancing?


During the past week, how many times did you exercise, such as jogging, walking, karate, jumping rope, gymnastics or dancing?

 736 - In the past seven days, how many times did you walk for exercise?


In the past seven days, how many times did you walk for exercise?

 738 - In the past 24 hours, have you participated in vigorous physical activity long enough to work up a sweat, get your heart thumping, or get out of breath?


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 739 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? hour


At what time in the past 24 hours did you last finish participating in vigorous physical activity? hour

 740 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? Minute


At what time in the past 24 hours did you last finish participating in vigorous physical activity? Minute

 741 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? am/pm


At what time in the past 24 hours did you last finish participating in vigorous physical activity? am/pm

 745 - In the past seven days, how many times did you roller blade, roller skate, downhill ski, snow board, play racquet sports, or do aerobics?


In the past seven days, how many times did you roller blade, roller skate, downhill ski, snow board, play racquet sports, or do aerobics?

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 752 - In the past seven days, how many times did you go to an exercise or fitness center to exercise or work out?


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 756 - In the past seven days, how many times did you participate in gymnastics, weight lifting, or strength training?


In the past seven days, how many times did you participate in gymnastics, weight lifting, or strength training?

 757 - Were the past seven days typical in terms of your physical activity?

Were the past seven days typical in terms of your physical activity?

 766 - On the average, how many hours did you spend each time you participated in such a sports activity in the last seven days?

On the average, how many hours did you spend each time you participated in such a sports activity in the last seven days?

 6205 - How many times in a normal week do you work, play, or exercise hard enough to make you sweat and breathe heavily?

How many times in a normal week do you work, play, or exercise hard enough to make you sweat and breathe heavily?

 Radio

Concept

Radio

Items

- [744 - How many hours a week do you listen to the radio?](#)

 744 - How many hours a week do you listen to the radio?

How many hours a week do you listen to the radio?


Screen Time

Concept


Screen Time

Items

- 731 - During the past week, how many times did you watch television or videos, play video games or use a computer?
- 742 - In the past seven days, how many hours did you watch television or videos, including VHS, DVDs or music videos?
- 743 - How many hours a week do you watch videos?
- 748 - How many hours a week do you watch television?
- 749 - How many hours a week do you play video or computer games?
- 754 - In the past seven days, how many times did you watch television?
- 773 - In the past seven days, how many hours did you spend using the Internet, for example, accessing your email or using the web?
- 6187 - Outside of school hours, about how much time do you spend watching television or video cassettes on an average school day?

 731 - During the past week, how many times did you watch television or videos, play video games or use a computer?

During the past week, how many times did you watch television or videos, play video games or use a computer?

 742 - In the past seven days, how many hours did you watch television or videos, including VHS, DVDs or music videos?


In the past seven days, how many hours did you watch television or videos, including VHS, DVDs or music videos?

 743 - How many hours a week do you watch videos?


How many hours a week do you watch videos?

 748 - How many hours a week do you watch television?


How many hours a week do you watch television?

 749 - How many hours a week do you play video or computer games?


How many hours a week do you play video or computer games?

 754 - In the past seven days, how many times did you watch television?

In the past seven days, how many times did you watch television?

 773 - In the past seven days, how many hours did you spend using the Internet, for example, accessing your email or using the web?

In the past seven days, how many hours did you spend using the Internet, for example, accessing your email or using the web?

 6187 - Outside of school hours, about how much time do you spend watching television or video cassettes on an average school day?

Outside of school hours, about how much time do you spend watching television or video cassettes on an average school day?


Sedentary Activity

Concept


Sedentary Activity

Items

- [758 - On the average, how many hours a week at school do you spend sitting \(for example, reading, attending class, or using a computer\)?](#)

 758 - On the average, how many hours a week at school do you spend sitting (for example, reading, attending class, or using a computer)?

On the average, how many hours a week at school do you spend sitting (for example, reading, attending class, or using a computer)?

 Spend Time with Friends

Concept

Spend Time with Friends

Items

- 4099 - During the past week, how many times did you just hang out or talk with friends?

 4099 - During the past week, how many times did you just hang out or talk with friends?

During the past week, how many times did you just hang out or talk with friends?

 Sports/Recreation

Concept

Sports/Recreation

 Children and Parent Participation

Concept


Children and Parent Participation

Items


- 761 - Are the children in your household involved in any sports activities?
- 762 - In the last seven days did you attend any of their sports activities as a spectator or transport any of them to a game or practice?
- 763 - How many times did you do this? (attend any of their sports activities as a spectator or transport any of them to a game or practice)
- 764 - In the last seven days did you actively participate in any of their sports activities-for example as a coach or referee?
- 765 - How many times did you do this? (actively participate in any of their sports activities-for example as a coach or referee)

 761 - Are the children in your household involved in any sports activities?


Are the children in your household involved in any sports activities?

 762 - In the last seven days did you attend any of their sports activities as a spectator or transport any of them to a game or practice?


In the last seven days did you attend any of their sports activities as a spectator or transport any of them to a game or practice?

 763 - How many times did you do this? (attend any of their sports activities as a spectator or transport any of them to a game or practice)

How many times did you do this? (attend any of their sports activities as a spectator or transport any of them to a game or practice)

 764 - In the last seven days did you actively participate in any of their sports activities-for example as a coach or referee?


In the last seven days did you actively participate in any of their sports activities-for example as a coach or referee?

 765 - How many times did you do this? (actively participate in any of their sports activities-for example as a coach or referee)


How many times did you do this? (actively participate in any of their sports activities-for example as a coach or referee)

Items


- 734 - In the past seven days, how many times did you participate in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?
- 746 - During the past week, how many times did you play an active sport, such as baseball, softball, basketball, soccer, swimming, or football?
- 755 - In the past seven days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, or martial arts?
- 6602 - In the past 7 days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, martial arts, or in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?

 734 - In the past seven days, how many times did you participate in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?


In the past seven days, how many times did you participate in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?

 746 - During the past week, how many times did you play an active sport, such as baseball, softball, basketball, soccer, swimming, or football?

During the past week, how many times did you play an active sport, such as baseball, softball, basketball, soccer, swimming, or football?

 755 - In the past seven days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, or martial arts?

In the past seven days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, or martial arts?

 6602 - In the past 7 days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, martial arts, or in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?

In the past 7 days, how many times did you participate in individual sports such as running, wrestling, swimming, cross-country skiing, cycle racing, martial arts, or in strenuous team sports such as football, soccer, basketball, lacrosse, rugby, field hockey, or ice hockey?


Transportation Physical Activity

Concept

Transportation Physical Activity

Items

- [771 - On the average, how many hours a week do you spend walking or biking to and from classes?](#)

 771 - On the average, how many hours a week do you spend walking or biking to and from classes?

On the average, how many hours a week do you spend walking or biking to and from classes?


 Travel Distance

Concept


Travel Distance

Items

- [4211 - How many miles must you travel each work day from where you live to where you work?](#)
- [4213 - How many miles must you travel each class day from where you live to your school or program?](#)

 4211 - How many miles must you travel each work day from where you live to where you work?

How many miles must you travel each work day from where you live to where you work?

 4213 - How many miles must you travel each class day from where you live to your school or program?

How many miles must you travel each class day from where you live to your school or program?


 Travel Time

Concept

Travel Time

Items

- [4212 - How many minutes does it take you to get from your home to your \(primary place of work/school\)?](#)

 4212 - How many minutes does it take you to get from your home to your (primary place of work/school)?

How many minutes does it take you to get from your home to your (primary place of work/school)?

Voting

Concept

Voting

Items

- [376 - How often do you usually vote in local or statewide elections?](#)

 376 - How often do you usually vote in local or statewide elections?

How often do you usually vote in local or statewide elections?

Work

Concept


Work

Items

- [5070 - Do you currently have a job?](#)
- [5099 - How many hours a week do you usually spend at work?](#)

 5070 - Do you currently have a job?

Do you currently have a job?

 5099 - How many hours a week do you usually spend at work?

How many hours a week do you usually spend at work?


Workplace Physical Activity

Concept


Workplace Physical Activity

Items


- 767 - On the average, how many hours a week at work do you spend standing, doing hard physical work (for example, doing construction work)?
- 768 - On the average, how many hours a week at work do you spend standing, doing moderate physical work (for example, nursing or being a mechanic)?
- 769 - On the average, how many hours a week at work do you spend standing, doing light physical work (for example, standing at a counter, teaching, working at a conveyer belt)?
- 770 - On the average, how many hours a week at work do you spend seated (for example, using a computer or driving)?

 767 - On the average, how many hours a week at work do you spend standing, doing hard physical work (for example, doing construction work)?


On the average, how many hours a week at work do you spend standing, doing hard physical work (for example, doing construction work)?

 768 - On the average, how many hours a week at work do you spend standing, doing moderate physical work (for example, nursing or being a mechanic)?

On the average, how many hours a week at work do you spend standing, doing moderate physical work (for example, nursing or being a mechanic)?

 769 - On the average, how many hours a week at work do you spend standing, doing light physical work (for example, standing at a counter, teaching, working at a conveyer belt)?

On the average, how many hours a week at work do you spend standing, doing light physical work (for example, standing at a counter, teaching, working at a conveyer belt)?

 770 - On the average, how many hours a week at work do you spend seated (for example, using a computer or driving)?

On the average, how many hours a week at work do you spend seated (for example, using a computer or driving)?