

A grey header bar with a small icon of four colored squares (yellow, blue, red, green) on the left, followed by the text "H1FS8 - S10Q8 HOPEFUL ABOUT THE FUTURE-W1" in white.

Type	Code
Measurement Unit	numeric
H1FS8	8. How often was the following true during the past week? You felt hopeful about the future.
0	never or rarely
1	sometimes
2	a lot of the time
3	most of the time or all of the time