

 H5ID16 - S5Q16 HOW OFTEN TROUBLE SLEEPING-W5

Type	Code
Measurement Unit	numeric
H5ID16	Q16. Over the past 4 weeks, how often did you have trouble falling asleep or staying asleep through the night - for example, you woke up several times at night or woke up earlier than you planned to?
0	never
1	less than once a week
2	1 or 2 times a week
3	3 or 4 times a week
4	5 or more times a week