🖬 condoms	(rubbers), l	birth control	pills, vagina	al sponge
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1	condoms (rubbers)
4	birth control pills
5	vaginal sponge
6	foam, jelly, creme, suppositories
7	diaphragm, with or without jelly
8	IUD (intrauterine device)
9	Norplant
10	ring
11	Depo Provera
12	contraceptive film
13	some other method
14	no other method