

Have you had trouble staying asleep through the night? For example, you woke up several times at night or woke up earlier than you planned to?

H5ID16 - Over the past four weeks, how often did you have trouble staying asleep through the night? For example, you woke up several times at night or woke up earlier than you planned to?

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0	never
1	less than once a week
2	1 or 2 times a week
3	3 or 4 times a week
4	5 or more times a week

**Conceptual Variable**

950 - Over the past four weeks, how often did you have trouble staying asleep through the night? For example, you woke up several times at night or woke up earlier than you planned to?