Wave V Anthropometrics

H5ARM - Q023 WHICH ARM IS MEASURED (1=R,2=L) -W5

Type	Code
Measurement Unit	Numeric
H5ARM	Use right arm unless instructed otherwise Q023. EXAMINER: Which arm is measured?
1	right
2	left

H5ARMCIR - MEASURED ARM CIRCUMFERENCE (CM) -W5

Type	Numeric (Double)
H5ARMCIR	Q025a. EXAMINER: Enter arm circumference to nearest 0.5 cm or inch. [Note: All measurements in inches were converted to centimeters.]

H5ARMINS - FLAG: ARM CONVERTED INCHES TO CMs -W5

Type	Code
Measurement Unit	Numeric
H5ARMINS	FLAG indicating arm was measured in inches and was converted to centimeters.
0	no
1	yes

H5HGT - MEASURED HEIGHT (CM) -W5

Type	Numeric (Double)
H5HGT	Q049a. EXAMINER: Record height to the nearest 0.5 cm or inch.
	[Note: All measurements in inches were converted to centimeters.]

H5HGTINS - FLAG: HEIGHT CONVERTED INCHES TO CMs -W5

Type	Code
Measurement Unit	Numeric
H5HGTINS	FLAG indicating height was measured in inches and was converted to centimeters.
0	no
1	yes

H5WGT - MEASURED WEIGHT (KG) -W5

Type	Numeric (Double)
H5WGT	Q061a. EXAMINER: Enter weight to the nearest 0.1 kg or lb.
	[Note: All measurements in pounds were converted to kilograms.]

H5WGTLBS - FLAG: WEIGHT CONVERTED LBs TO KGs -W5

Type	Code
Measurement Unit	Numeric
H5WGTLBS	FLAG indicating weight was measured in pounds and was converted to kilograms.
0	no
1	yes

H5BMI - BMI (KG/M2) -W5

Type	Numeric (Double)
H5BMI	Body Mass Index (kg/m2)

H5BMICLS - CLASSIFICATION OF BMI (NIH) -W5

Type	Code
Measurement Unit	Numeric
H5BMICLS	Body Mass Index classification according to National Institutes of Health Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults

1	underweight: BMI is < 18.5
2	normal: BMI is 18.5 - 24.9
3	overweight: BMI is 25 - 29.9
4	obesity stage I: BMI is 30 - 34.9
5	obesity stage II: BMI is 35 - 39.9
6	obesity stage III: BMI is >= 40

H5WAIST - MEASURED WAIST CIRCUMFERENCE (CM) -W5

Type	Numeric (Double)
H5WAIST	Q065a. EXAMINER: Enter waist circumference to the nearest 0.5 cm or inch. [Note: All measurements in inches were converted to centimeters.]

H5WSTINS - FLAG: WAIST CONVERTED INCHES TO CMs -W5

Type	Code
Measurement Unit	Numeric
H5WSTINS	FLAG indicating waist was measured in inches and was converted to centimeters.

0	no
1	yes

H5WSTCLS - CLASSIFICATION OF WAIST CIRCUM (NIH) -W5

Type	Code
Measurement Unit	Numeric
H5WSTCLS	Waist circumference classification according to National Institutes of Health Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults

1	low risk: females <= 88 cm; males <= 102 cm
2	high risk: females > 88 cm; males > 102 cm