


Physical Activity

Concept


Physical Activity

Items


- 732 - During the past week, how many times did you go roller-blading, roller-skating, skate-boarding, or bicycling?
- 733 - In the past seven days, how many times did you bicycle, skateboard, dance, hike, hunt, or do yard work?
- 735 - During the past week, how many times did you exercise, such as jogging, walking, karate, jumping rope, gymnastics or dancing?
- 736 - In the past seven days, how many times did you walk for exercise?
- 738 - In the past 24 hours, have you participated in vigorous physical activity long enough to work up a sweat, get your heart thumping, or get out of breath?
- 739 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? hour
- 740 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? Minute
- 741 - At what time in the past 24 hours did you last finish participating in vigorous physical activity? am/pm
- 745 - In the past seven days, how many times did you roller blade, roller skate, downhill ski, snow board, play racquet sports, or do aerobics?
- 747 - In the past seven days, how many times did you play golf, go fishing or bowling, or play softball or baseball?
- 752 - In the past seven days, how many times did you go to an exercise or fitness center to exercise or work out?
- 756 - In the past seven days, how many times did you participate in gymnastics, weight lifting, or strength training?
- 757 - Were the past seven days typical in terms of your physical activity?
- 766 - On the average, how many hours did you spend each time you participated in such a sports activity in the last seven days?
- 6205 - How many times in a normal week do you work, play, or exercise hard enough to make you sweat and breathe heavily?

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