## © Workplace Physical Activity

## Concept

## Workplace Physical Activity

## Items

- 767 - On the average, how many hours a week at work do you spend standing, doing hard physical work (for example, doing construction work)?
- 768 - On the average, how many hours a week at work do you spend standing, doing moderate physical work (for example, nursing or being a mechanic)?
- 769 - On the average, how many hours a week at work do you spend standing, doing light physical work (for example, standing at a counter, teaching, working at a conveyer belt)?
- 770-On the average, how many hours a week at work do you spend seated (for example, using a computer or driving)?


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(0) 769 - On the average, how many hours a week at work do you spend standing,
doing light physical work (for example, standing at a counter, teaching, working at
a conveyer belt)?
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On the average, how many hours a week at work do you spend standing, doing light physical work (for example, standing at a counter, teaching, working at a conveyer belt)?

[^0]On the average, how many hours a week at work do you spend seated (for example, using a computer or driving)?


[^0]:    770 - On the average, how many hours a week at work do you spend seated
    (for example, using a computer or driving)?

