# Feelings Scale

## Concept

Feelings Scale

## Items

- 2182 - How often was the following true during the past week? You were bothered by things that don't usually bother you.
- 2183 - How often was the following true during the past week? You didn't feel like eating, your appetite was poor.
- 2184 - How often was the following true during the past week? You felt that you could not shake off the blues, even with help from your family and your friends.
- 2185 - How often was the following true during the past week? You felt you were just as good as other people.
- 2186 - How often was the following true during the past week? You had trouble keeping your mind on what you were doing.
- 2187 - How often was the following true during the past week [or month]? You felt depressed.
- 2188 - How often was the following true during the past week? You felt that you were too tired to do things.
- 2189 - How often was the following true during the past week? You felt hopeful about the future.
- 2190 - How often was the following true during the past week? You thought your life had been a failure.
- 2191 - How often was the following true during the past week? You felt fearful.
- 2192 - How often was the following true during the past week? You were happy.
- 2193 - How often was the following true during the past week? You talked less than usual.
- 2194 - How often was the following true during the past week? You felt lonely.
- 2196 - How often was the following true during the past week? People were unfriendly to you.
- 2197 - How often was the following true during the past week? You enjoyed life.
- 2198 - How often was the following true during the past week? You felt sad.
- 2199 - How often was the following true during the past week? You felt that people disliked you.
- 2200 - How often was the following true during the past week? It was hard to get started doing things.
- 2201 - How often was the following true during the past week? You felt life was not worth living.

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## 2200 - How often was the following true during the past week? It was hard to get started doing things.

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## 2201 - How often was the following true during the past week? You felt life was not worth living.

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