


method you choose was different from time to time, sometimes you used only one method, and sometimes you used more than one

 you used more than one method at the same time, you used only one method at a time, but the method you choose was different from time to time, sometimes you used only one method, and sometimes you used more than one

1	you used more than one method at the same time
2	you used only one method at a time, but the method you choose was different from time to time
3	sometimes you used only one method, and sometimes you used more than one