



never or almost never true, usually not true,  
sometimes but infrequently true

|   |                                 |
|---|---------------------------------|
| 1 | never or almost never true      |
| 2 | usually not true                |
| 3 | sometimes but infrequently true |
| 4 | occasionally true               |
| 5 | often true                      |
| 6 | usually true                    |
| 7 | always or almost always true    |