

 H3GH4H - S9Q04H FOOD SUPPLEMENTS CHANGE
WEIGHT-W3

Type	Code
Measurement Unit	numeric
H3GH4H	4H. Which of the following things did you do during the past seven days in order to lose weight or stay the same weight? Indicate all that apply. Took food supplements (powders, herbal supplements, mineral pills, or vitamins that are supposed to take the place of meals or reduce appetite)
0	not marked
1	marked