₱ H4DA6

Question

• In the past seven days, how many times did you participate in gymnastics, weight lifting, or strength training?

| 0 | not at all |
|---|-----------------|
| 1 | 1 time |
| 2 | 2 times |
| 3 | 3 times |
| 4 | 4 times |
| 5 | 5 times |
| 6 | 6 times |
| 7 | 7 or more times |